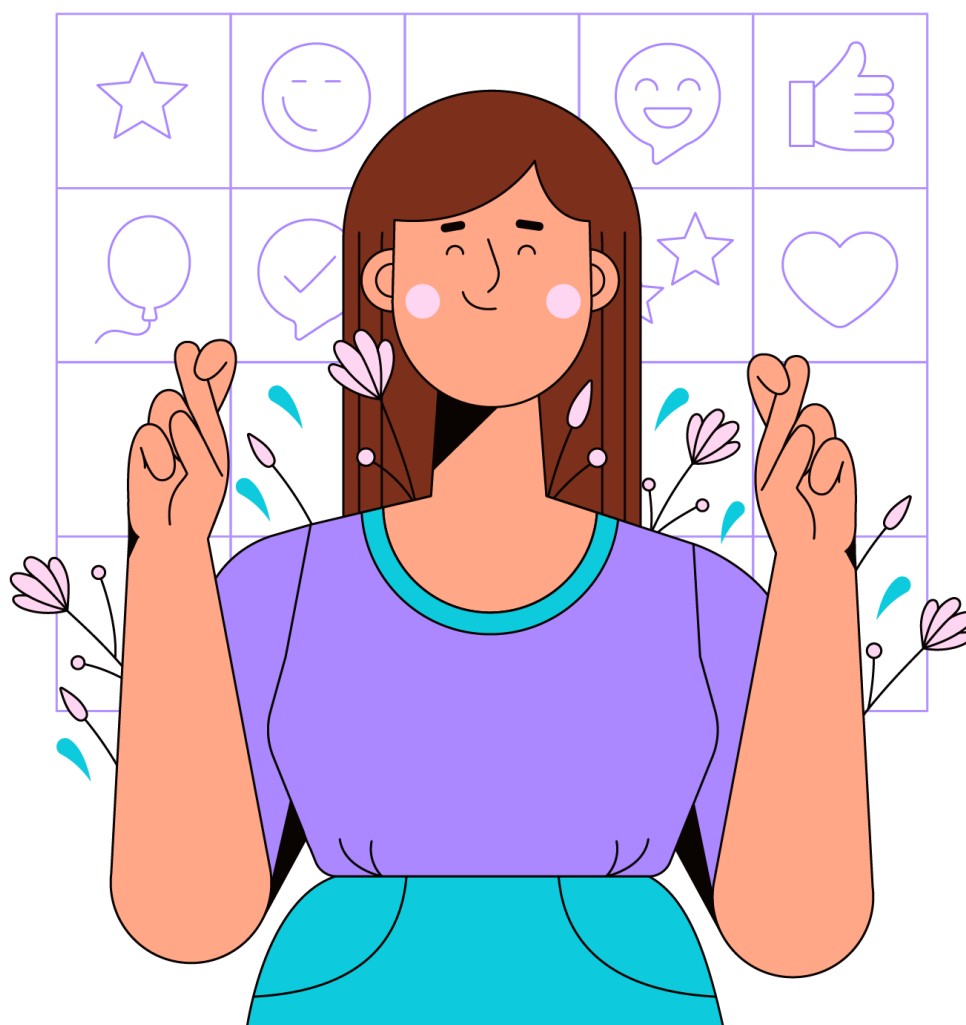


PERMA Digital Well-being Investigation Results Template



PERMA Digital Well-being Investigation Results Template

School Information

- School Name: _____
 - Date of Investigation: _____
 - Conducted by: _____
 - Participants: Teachers: _____ Students: _____ Parents: _____
-

PERMA Index Results Summary

Teachers Results

PERMA Area	Average Score (1-5)	Status	Priority Level
Positive Emotions	_____	Needs Attention / Good / Excellent	High / Medium / Low
Engagement	_____	Needs Attention / Good / Excellent	High / Medium / Low
Relationships	_____	Needs Attention / Good / Excellent	High / Medium / Low
Meaning	_____	Needs Attention / Good / Excellent	High / Medium / Low
Accomplishment	_____	Needs Attention / Good / Excellent	High / Medium / Low

Students Results

PERMA Area	Average Score (1-5)	Status	Priority Level
Positive Emotions	_____	Needs Attention / Good / Excellent	High / Medium / Low
Engagement	_____	Needs Attention / Good / Excellent	High / Medium / Low
Relationships	_____	Needs Attention / Good / Excellent	High / Medium / Low
Meaning	_____	Needs Attention / Good / Excellent	High / Medium / Low

PERMA Area	Average Score (1-5)	Status	Priority Level
Accomplishment	_____	Needs Attention / Good / Excellent	High / Medium / Low

Scoring Guide:

- Scores 1-2: Needs Attention (High Priority)
 - Scores 3: Good (Medium Priority - room for improvement)
 - Scores 4-5: Excellent (Low Priority - maintain/share practices)
-

Focus Groups Key Findings

Teachers Focus Group

Date: _____ Participants: _____

Main Themes Identified:

1. _____
2. _____
3. _____

Key Quotes:

- " _____ "
- " _____ "
- " _____ "

Specific Challenges Mentioned:

- Technology training needs
- Time management issues
- Technical support problems
- Student engagement difficulties
- Work-life balance concerns
- Other: _____

Students Focus Group

Date: _____ Participants: _____

Main Themes Identified:

1. _____
2. _____

3. _____

Key Quotes:

- " _____ "
- " _____ "
- " _____ "

Specific Challenges Mentioned:

- Difficulty understanding digital tools
- Too much screen time
- Online safety concerns
- Distraction issues
- Technical problems
- Other: _____

Parents Focus Group (if conducted)

Date: _____ Participants: _____

Main Themes Identified:

1. _____
2. _____
3. _____

Key Concerns:

- Screen time at home
- Online safety
- Academic performance impact
- Communication with school
- Supporting digital learning
- Other: _____

Combined Analysis: Connecting the Dots

Areas where PERMA scores and focus groups align

Low PERMA Area: _____ Focus Group Insight: _____ Explanation: _____

Low PERMA Area: _____ Focus Group Insight: _____ Explanation: _____

Surprising Findings

What the numbers showed: _____ What the focus groups revealed: _____ Why this matters: _____

Identified Needs and Gaps

High Priority Needs (Address Immediately)

1. **Need:** _____ **Evidence:** PERMA Score: _____
Focus Group Theme: _____ **Impact:** Who is affected and how?

2. **Need:** _____ **Evidence:** PERMA Score: _____
Focus Group Theme: _____ **Impact:** Who is affected and how?

Medium Priority Needs (Address This Year)

1. **Need:** _____ **Evidence:** _____

2. **Need:** _____ **Evidence:** _____

Strengths to Maintain and Share

1. **Strength:** _____ **Evidence:** _____

2. **Strength:** _____ **Evidence:** _____

Recommended Next Steps

Immediate Actions (Within 1 Month)

- _____
- _____
- _____

Short-term Goals (Within 3 Months)

- _____
- _____
- _____

Long-term Goals (Within 1 Year)

- _____
- _____
- _____

Follow-up Plan

Next PERMA Index Assessment Date: _____ Next Focus Group Date: _____
Progress Review Date: _____
Responsible Person: _____

Additional Notes and Observations

Template completed by: _____ Date: _____