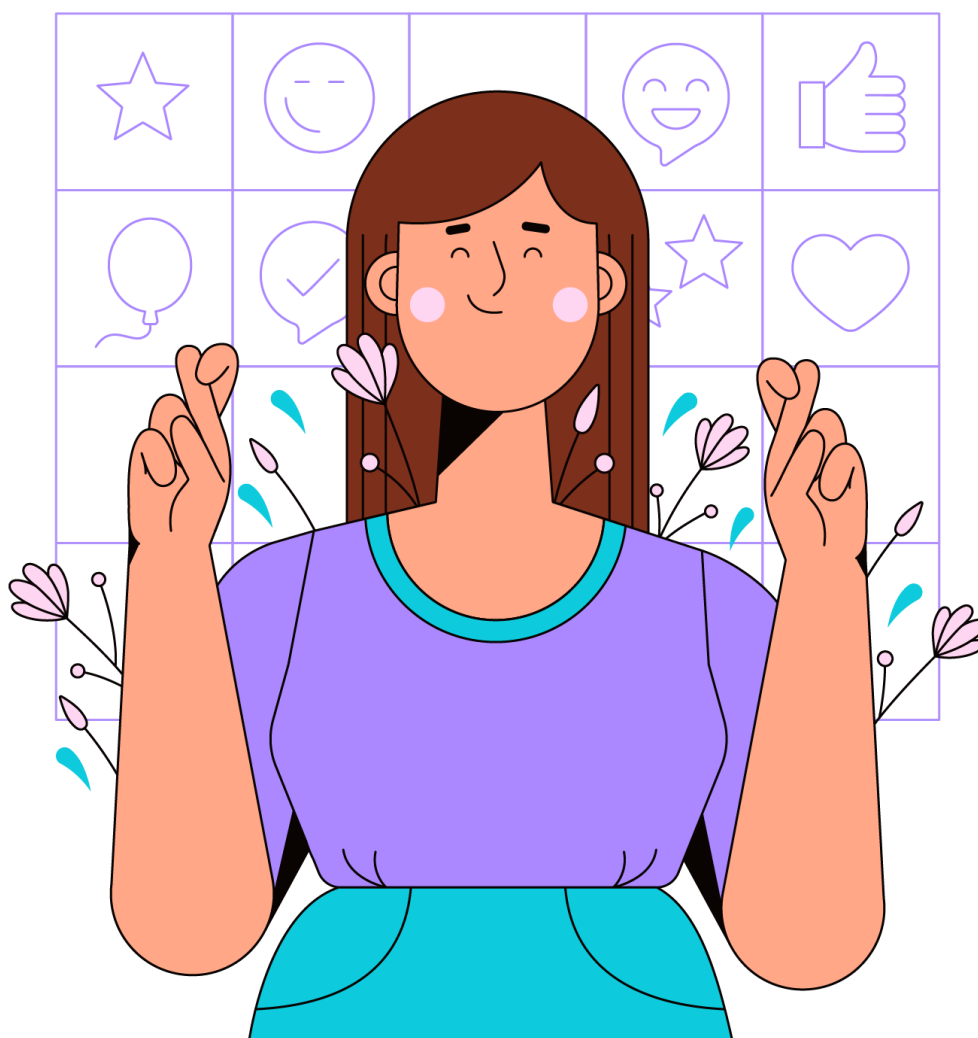


PERMA-Digital Lesson Design Template



Lesson Title	
Connection to PERMA Digital Framework	Identify which PERMA elements (positive emotions, engagement, relationships, meaning, accomplishment) are intentionally addressed, and link them to DigComp (e.g., communication, collaboration, content creation) and LifeComp (e.g., self-regulation, empathy, growth mindset).
Duration	Specify the total time (e.g., 45 minutes or multi-session project).
Age range	Indicate target student group (e.g., 10–12 years, lower secondary).
Objectives	<p>All objectives must follow the SMART model and the revised Bloom’s Taxonomy.</p> <p>By the end of the lesson, students will be able to:</p> <ol style="list-style-type: none"> 1. Add a knowledge goal 2. Add a skill goal 3. Add an attitude or well-being goal
Setting	Indicate the setting applicable for this activity: physical or virtual space (e.g., classroom, computer lab, outdoors, online platform).
Required material/resources	<p>Number all the instructional tools/resources and materials you needed for your lesson with a short title</p> <ul style="list-style-type: none"> • Digital tools (apps, websites, platforms) • Physical materials (paper, art supplies, etc.) • Media resources (videos, readings, audio)
Lesson activities	<p>(Develop 3–5 activities; each activity 150–200 words)</p> <p>Insert Activity Title (Timeframe)</p> <p>Please add the description of each Activity (150 – 200 words), including:</p> <ul style="list-style-type: none"> • Approach/teaching method: e.g., project-based learning, collaborative learning, flipped classroom, etc. • Description: Explain what students do and how they participate actively.

	<ul style="list-style-type: none">• Group Size: Specify individual/pair/group work.• Tools / Resources: List specific digital tools and physical materials.• PERMA Focus: Indicate which PERMA elements are targeted. <p>--- Please copy and paste as many times as your Lesson Activities total number ---</p>
Assessment	Explain how learning and well-being will be evaluated (e.g., student reflection, peer feedback, rubric for creativity, self-assessment journal).
Additional Resources (if applicable)	List books, articles, websites, or videos that educators and students can refer to for further reading and exploration related to the lesson topic.